



**1<sup>st</sup> Annual - Dylan's Dinosaur Stomp  
5K Fun Run/Walk & Family Day  
Saturday May 12, 2012 at 10 am  
Modick Park in Hopatcong, NJ**

Please join us in Hopatcong, NJ for the 1<sup>st</sup> annual Dylan's Dinosaur Stomp - 5K Fun Run/Walk and Family Day. Runners, joggers, walkers, skippers, gallopers, three-legged races, kids and strollers are all welcome. The 5K will start promptly at 10:00 am in Modick Park. The course will also finish in the park with several tough "Hopatcong" hills along the route.

Immediately following the race, Family Fun Day will take place throughout the day and promises to be filled with great friends, great fun, great food and great live music! Please spread the word as all are welcome to attend the activities throughout the day! Although official time will be tracked for those who are interested, official results will not be posted.

Race day registration will be from 8:30-9:30 am.

Early registration fee must be received by March 31.

- \$25 early registration BEFORE 3/31 (age 13 and over)
- \$30 AFTER 3/31 (age 13 and over)
- \$35 day of race (age 13 and over)
- \$10 Additional t-shirts are available for children under 13
- Additional donations accepted!

EACH PARTICIPANT MUST COMPLETE FORM! Please mail signed form and payment to:

The Dylan Flinchum "Rock on!" Foundation  
14 Lenape Drive  
Stanhope NJ 07874

\*For Credit Card Payment, please send email to [dylanrockon@yahoo.com](mailto:dylanrockon@yahoo.com) for Paypal information (you do NOT need a Paypal account to make payment)

Name: _____		Age: _____	
Street Address: _____			
City: _____		State: _____	Zip: _____
Email (for registration confirmation): _____			
T-Shirt Size (Circle One):    S        M        L        XL        XXL			
Child Shirts \$10 (Enter Quantity)    __2T    __3T    __4T    __Youth S    __Youth M    __Youth L			
Total Registration Payment: \$ _____			

The following must be signed in order to participate in this event

**WAIVER AND RELEASE:** In consideration of acceptance of this application and my being allowed to participate in the above Event, I, the undersigned, assume all risks associated with running in this Event, including but not limited to falls, contact with other participants, the effects of weather including extreme cold, snow, ice, rain, traffic conditions of the road, and all such risks being known and appreciated by me. Having read this waiver and knowing of these facts, I for myself, my heirs, executors, administrators' and anyone entitled to act on my behalf, hereby waive, release and give up any and all rights and claims to damage I may have against, and agree not to sue The Dylan Flinchum Rock On Foundation, its representatives, employees, officials, including elected officials, consultants or volunteers, all sponsors of the Event, and any others involved in the event for The Dylan Flinchum Rock on Foundation's behalf, and their heirs, successors and assigns, with respect to any and all liability, claims, causes of action arising out of, or related to, any bodily injury, illness, death or property damage I suffer in connection with the Event, even though the liability may arise out of negligence or carelessness on the part of the persons or entities named in the waiver. I confirm that I am in physical condition to participate in this Event. I agree to abide by the guidelines established for the race by The Dylan Flinchum Rock on Foundation, or their representatives. I grant permission to all of the foregoing to use any photograph, motion pictures, recordings or any other record of this event for any legitimate purpose. I ACKNOWLEDGE THAT I HAVE FULLY READ THIS FORM, AND FULLY UNDERSTAND THE TERMS AND CONDITIONS CONTAINED HEREIN, AND UNDERSTAND THAT THIS WAIVER AND RELEASE IS A RELEASE OF ALL CLAIMS.

**Participant (or parent/guardian if under 18 years of age)**

**Date**

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For information about the Dylan Flinchum "Rock On!" Foundation find us on Facebook, or send email to: [dylanrockon@yahoo.com](mailto:dylanrockon@yahoo.com) for any questions, comments or concerns.